

SECTION 1 ASSESSING KNOWLEDGE - HOW MUCH DO YOU KNOW ABOUT ALCOHOL?

TEACHER NOTES

Emoji Quiz

Target age group: 11 - 14 year-olds

Structure: 1 lesson

Preparation: Download/photocopy Emoji quiz questions and answers.

Access to the Internet: talkaboutalcohol.com

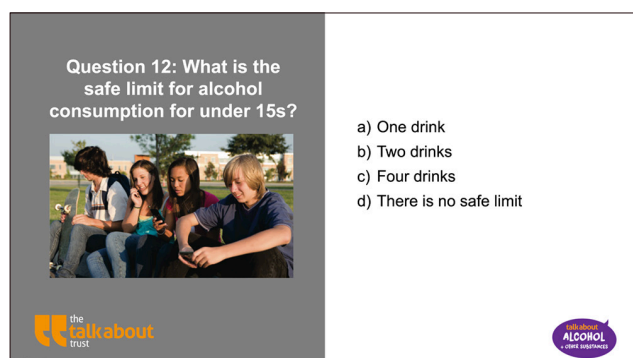
Objectives

- o To consider some of the myths and frequently asked questions about alcohol.

Notes

This could be done in small groups or as a whole class with people calling their answers and inviting challenges from others.

Alternatively, the [How much do you know? quiz](#) on [page 109](#), could be a good way of getting students to research the answers by looking at the information in Online Learning Zone, talkaboutalcohol.com.



The quiz

How well do you know your age group? (PSHE 14 - 16 worksheet 5)

Target age group: 14 - 16 year-olds

Structure: 1 lesson

Preparation: Download/photocopy [How well do you know your age group?](#) sheet and [accompanying answers](#).

Objectives

- o To dispel myths about alcohol and young people.
- o To allow young people to compare their own behaviour with the norm.
- o To encourage young people to understand that they are not in the minority if they choose not to drink.

Notes

Young people often think that most of their peer group drink more alcohol than they actually do, perhaps because people tend to exaggerate how much they drink when telling others. By looking at the results as a class and not just individual's answers, it will reinforce for students what normal behaviour actually is and highlight whether they have unrepresentative notions of alcohol consumption. It may also help them feel more comfortable about drinking less or not drinking at all.