

HOW WELL DO YOU KNOW YOUR AGE GROUP? HOW DO WE COMPARE WITH OTHER TEENAGERS IN EUROPE? (SCOTLAND)

PSHE 14-16

WORKSHEET 5

QUESTIONS

Do you know how many young people drink regularly in the UK and around the world? Or how much they drink on average?

Two international studies look at youth drinking every 4 years. The 'Health Behaviours in School Aged Children' (HBSC) study follows trends among 11-15 year-olds in 45 countries and the 'European School Survey Project on Alcohol and other Drugs' (ESPAD) has followed 15-16 year-olds in 36 countries since 1995.

The Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS) is conducted on a biennial basis, targeting secondary school pupils and providing an insight into young peoples' smoking, drinking, and drug use behaviours.

- Answer these questions by yourself, then compare your answers with a friend. Discuss any answers where you disagree. Change your mind if you want, but stick to answers if you think you're right.
- Your teacher will then give you the correct answers.
- Look at the questions at the end.

ACTIVITY ONE

1. In Scotland, what percentage of 13 year-olds have tried alcohol?
a) 85% b) 66% c) 36%
2. In Scotland, how many 15 year-olds will have consumed alcohol in the past week
a) 17% b) 20% c) 34%
3. Are young people in Scotland drinking more or less than 10 years ago?
a) Less b) More
4. Do you think that we drink more than other teenagers in Europe?
a) Yes b) No
5. What percentage of 15 year-olds have consumed alcohol in the past month?
a) 10 - 20% b) 30 - 40% c) 40 - 50%
6. Across Europe what proportion of 16 year-olds have consumed five or more drinks at least once in the last 30 days?
a) 34% b) 43% c) 14%
7. On the last drinking occasion, which of the 3 countries below reported the highest consumption?
a) Denmark b) Poland c) Romania
8. Do you think...
a) Teenagers drink in different ways in different countries? YES / NO
b) Girls are catching up with boys? YES / NO
c) That more boys drink to get drunk than girls? YES / NO