

# WORKSHOP EVALUATION - ALCOHOL

1. Your name (optional you can also use a nickname)

2. Do you identify as (please tick) Male  Female  Other

3. Your Region/ County  4. Your age

5. Can you name two new things you learnt about alcohol today?

6. Can you note down two ways to stay safer on a night out?

7. Can you think of a strategy to resist peer pressure to drink when you don't want to?

8. What could someone try doing instead of turning to alcohol if they feel anxious?

9. What are two signs of problem drinking developing?

10. Could you think of two places to turn to for help and support if you or someone you knew needed it?

11. Do you feel confident in offering someone else information about the dangers of drinking too much?  
Yes  Somewhat  No

12. How aware were you of the effects of alcohol before the workshop? (1= not at all aware, 10= extremely aware)  
1      2      3      4      5      6      7      8      9      10

13. How aware were you of the effects of alcohol before the workshop?  
1      2      3      4      5      6      7      8      9      10

14. How aware were you about the number of people who use alcohol before the workshop?  
(1= not at all aware, 10=extremely aware)
- 1      2      3      4      5      6      7      8      9      10
15. How aware are you about the number of people who use alcohol after the workshop?
- 1      2      3      4      5      6      7      8      9      10
16. How confident did you feel about supporting yourself or someone else abusing alcohol before the workshop? (1= not at all confident, 10= extremely confident)
- 1      2      3      4      5      6      7      8      9      10
17. How confident do you feel about supporting yourself or someone abusing alcohol after the workshop?
- 1      2      3      4      5      6      7      8      9      10
18. How confident did you feel about resisting peer pressure to drink too much before the workshop? (1= not at all confident, 10=extremely confident)
- 1      2      3      4      5      6      7      8      9      10
19. How confident do you feel about resisting peer pressure to drink too much after the workshop?
- 1      2      3      4      5      6      7      8      9      10
20. How likely were you to change your attitude to getting drunk before the workshop? (1= not at all likely, 10= extremely likely)
- 1      2      3      4      5      6      7      8      9      10
21. How likely are you to change your attitude to getting drunk after the workshop?
- 1      2      3      4      5      6      7      8      9      10
22. Did you find the workshop interesting and engaging? (1= not at all, 10= extremely)
- 1      2      3      4      5      6      7      8      9      10

23. Please tell us what you thought worked well

24. Please tell us what you feel could have made the workshop better

25. Do you feel you can make informed choices about alcohol now?

Yes

Somewhat

No

26. If you would be interested in becoming a peer mentor or completing an online certificate in alcohol knowledge and responsible drinking, please supply an email: