

Talk About Alcohol games and activities set – Consent Scenarios instructions

The purpose of this activity is to enable the participants to understand the nature of consent and encourage them to consider methods for managing their behaviour with regard to consent when alcohol is involved.

Initially, explain what consent means using the A5 consent definitions.

For individuals/ smaller groups, read each of the consent scenarios in turn and ask the young people to think about the consent issues in each scenario. Ask how they feel and what decision they would make.

Encourage the group to think about when there is pressure and at what point the characters could and should say 'No' to change the course of the story. How could the story end differently? Participants can suggest different options to incorporate into the scenario.

For larger groups, outline the activity as above and then break up into smaller groups each taking one scenario. After discussion, get them to read out the scenario and present their ideas to the whole group.

Consent Scenarios

Would you say YES or NO! Is there consent?

Can you spot any threats, manipulation or pressure? What would you do?

Josie and Mark have been going out for a few weeks, they are at a friend's house and are having a few drinks. Mark and his mates encourage Josie to drink lots and they slip some extra vodka in her drinks. When she is very drunk, Mark starts touching her sexually, she keeps saying she feels ill and wants to go to sleep.

Mary and Jo have been asked to a party. They decide to get ready at Mary's house and Jo brings some vodka with her to share to help them relax and get in the mood as they're both quite shy. Mary gets a text from a good friend Mark when they've had a few drinks asking if they'll send a sexy photo of themselves in their underwear to him. He says he won't show anyone else.

Joe and a group of friends meet in the park to play football and hang around. After an hour they get bored and Fred says he has some money to buy some alcohol – Even though he's only 14, he has a mate who would buy it for them and they could drink it in the park and muck around. Joe doesn't want to try it as he's never had spirits before, but he's worried about looking uncool and about getting into trouble.

Mary's going to a family party, she's very excited as her cousins will be there. Her Mum's said she can have a small glass of bubbly now as she's 15 and they'll be sitting down and eating later – as long as she promises to have soft drinks after that.

Consent Scenarios

Dan is 15 and his girlfriend is 15 too. Dan is quite shy and when his girlfriend asks him about drinking he doesn't really know what to say. He is nervous and scared as he hasn't drunk that much before. He makes an excuse about not having any money to buy alcohol but she has some money. She says she wants to get drunk together for a laugh as she really loves him and they need to do it because it's what you do when you have been going out for a while.

Ali and Fed are 16, they have been mates for a while, they enjoy doing lots of crazy stunts together. They often drink a few cans in the park. Tonight Ali says he is not in the mood. Fed gets angry and says it's not fair. He starts getting very cross and threatens to smash up Ali's phone if he says no.

Davina and Brad are good friends, one evening they are drinking, start to kiss and Davina says she really fancies Brad. Brad gives her another drink to help to relax her more. She doesn't want to be rude so she drinks it. Davina giggles, starts to unbutton his shirt and says she feels a bit shy.

Jem doesn't drink, his family don't allow it, his mates tease him about this. He goes to a party and he knows there is some drink there freely available. His mates encourage him and he has a few drinks, his friends keep giving him more and more. They think it is funny that he is so drunk. His mates are taking some photos of him asleep and half undressed and showing them round the party.