

WHAT WOULD YOU SAY?

PSHE 14-16 WORKSHEET 3

Each of the situations below leaves someone with a problem. Your task is to decide how they can best get out of the difficult situation they find themselves in. In each case, there are some suggestions. In your groups, decide which is the best answer. It may be one of the answers suggested or you may want to think of a different answer yourself. There are no right or wrong answers.

Dan and Kieran

Dan and his friend Jamil are on their way to the cinema when they meet three other friends from school who are hanging around in the bus shelter. They're with Kieran. Dan knows this means trouble. Kieran is older than the others by a couple of years. He's got a bottle of vodka and he keeps urging the others to drink some. As Dan and Jamil arrive, Kieran starts making comments saying that he bets Dan won't drink any. Dan can't stand spirits. He once had some and it made him sick. None of the others look like they're enjoying themselves, but they keep swigging from the bottle. Jamil clearly doesn't want to stay, but looks like he'd rather have a drink and be 'one of the lads'.

What should Dan do? Here are some suggestions:

- Say nothing, grab Jamil and walk on
- Say "Well you've won your bet Kieran, because I'm not having any. I think you're an idiot and should mix with people your own age".
- Make a joke, say "Actually I drank three bottles of vodka before I came out, so no thanks, I won't", then walk on with Jamil.
- Take the bottle, put it to his lips and pretend to take a big swig but don't really. Hand it back and move on with Jamil.
- Say "Thanks, but we're off to the cinema and we're late - so see you later."

The birthday party

For Lisa's birthday party she has a special dinner with her sister, mum and dad and some girl friends. They have a sip of champagne before starting the meal. At the end of the evening, Lisa's parents and sister went to bed and left Lisa and her friends to stay up for a while. They were having a good time but Sarah said they should try some alcohol from the bottles in the corner. Lisa said she didn't want to, but some other girls start joining in saying they should. Surely her mum and dad would never notice?

What should Lisa do?

- Say "If anyone goes near those bottles, I'll go and get my dad up."
- Say "I think it's time you all went home. Come on, get your coats."
- Say "My dad knows how much is in EVERY bottle. I promise you. So there's no way. We can't even think about it."
- Ignore the question and try to distract them with something else e.g. putting some music on.
- Say "If you really are my friends, please don't put me in trouble with my parents."