

Talk About Alcohol games and activities pack

Activities and resources included in this pack

Introduction sheet, A4

Distancing Techniques

Distancing Techniques instructions, A4
Character sheets, A4
Hobbies card, A5

Emoji Equations

Emoji Equations instructions, A4
Equation cards, A6
Character sheets, A4
Emoji cards, A6
Consequences cards, A6

Enabling Conversations

Traffic Light instructions and cards, A5
Traffic light decision making sheets, A5
Risk Continuum cards, A5
Emoji cards, A6

Just a Few Drinks

Just a Few Drinks instructions, A4
USB

Risk Sentences

Risk Sentences instructions, A4
Risk Sentences, A4
Risk Continuum cards, A5

Consent Scenarios

Consent Scenario instructions, A4
Consent definitions, A5
Consent scenarios, A4

Alcohol myth buster, True/ False Quiz

Alcohol myth buster, True/ False Quiz instructions and cards, A6
Risk Continuum cards, A5

Higher harm discussion

Higher Harm Discussion instructions and cards, A6
How many units in a drink? A4
How too much alcohol affects the body A4
Tips for safer drinking, A4
Alcohol and the law, A5
Drinks and units, A4

Consequences 0 2 4 6 +

Consequences instructions and cards, A6
0 2 4 6 + number of drinks sheet, A4